

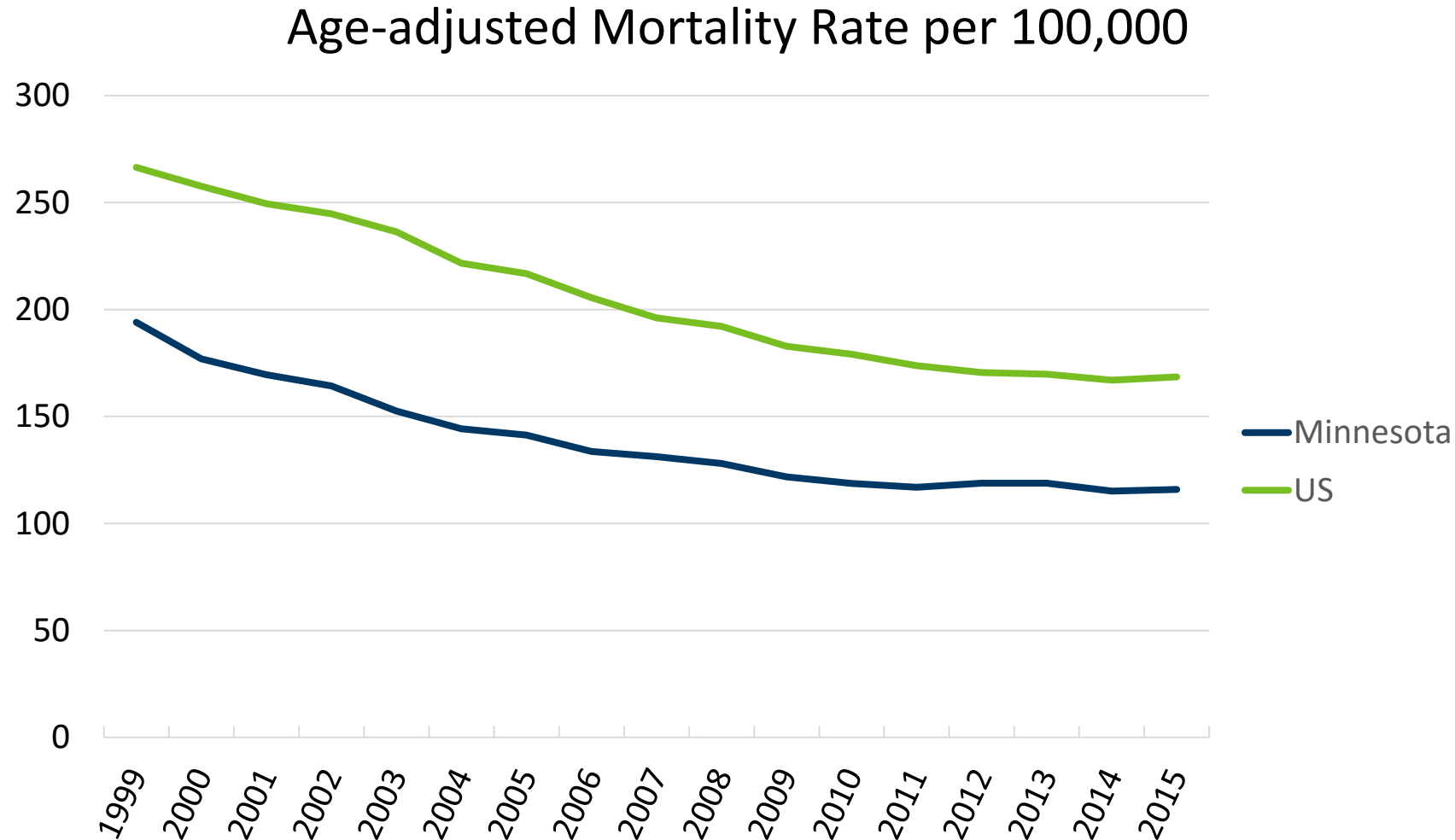


# State of the State Minnesota 2017

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# Heart Disease Mortality, Minnesota vs. US



- In 1999, Heart Disease fell below Cancer, 1<sup>st</sup> state for this to happen
- From 2010-2012, Heart Disease and Stroke fell below Cancer, again a 1<sup>st</sup>

Source: CDC Wonder;  
ICD-10 codes I00-09, I11,  
I13, I20-51

# Ideal Cardiovascular Health?

- Minnesota's risk factor profiles somewhat better
  - Hypertension rates lower
  - High cholesterol rates lower
  - Smoking rates average to lower
  - Overweight/obesity rates average to lower
  - Diabetes prevalence lower
  - Lack of physical activity lower
  - Less than 5 servings of fruit and vegetable per day average

# Ideal Cardiovascular Environment?

- Higher income
- Higher education levels
- Higher insurance coverage
- History of high HMO penetration
- History of large group practice in primary care and specialty care
- Investments in public health

# Ideal Cardiovascular Care Systems?

- Strong primary care
- Strong emergency response
- Strong hospital care
- Strong quality improvement culture
- Strong public health institutions

# Thank you and Welcome!

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